

from a sermon preached by Dr. ROY A. BURKHART in Community Church, Columbus, Ohio in 1950

How become receptive to these healing resources? Let me tell you a story. Dr. Paul Brunton was here in Columbus last spring. I spent an hour with him at the Deshler Hotel on meditation. During that hour a whole plan of receptivity to healing came to me. It was an inspiration.

At the close of our period, just as I was about to take leave, Dr. Brunton said, "You give yourself so fully but you have not learned to be receptive to the healing resources in the universe. I am going to uphold you with my thoughts. From tonight on, when you go to bed, lie on your back and open your hands and be receptive to the healing resources in the universe. They will enter your body through your hands and through your head and invade every cell of your body. If any part of your body is affected, put a hand on it.

"After your body is in tune with these healing sources, then lift up others, so that these resources can flow to them in your thoughts. Start with those closest and move outward until you have included all the children of God all over the world."

I began that very night. I have never missed one night since. It is as automatic now, but more thoughtful, than undressing or washing my face. I have been blessed with perfect health ever since, with the exception of a little hoarseness that I developed last summer in Utah. I have been more productive since than ever in my life. I have worked more hours, with more ease, with more zest, with **MORE**

OF A SENSE OF SIGNIFICANCE.

But now to return, be receptive to these healing resources with open hands and with responsive mind. When infilled, then lift all the people you know whose bodies are ill and whose minds are troubled, up into your thoughts. Lift up those who are well. Begin with all you know, and then include all the people in Columbus, in Ohio, and finally in the entire world.

To be very specific, let all of us hold up all the families who are on relief in Franklin County. Right now in Franklin County there are 5,000 people on relief. There is a deficit of \$187,000 for 1949. To meet the needs in Franklin County in 1950, \$1,570,000,000 will be needed. To provide these needs in 1950 the city of Columbus will have to provide from its resources \$323,000,000 and the County Commissioners \$100,000. Let us each night lift these needy families up in our prayers and our city and county officials. Then let us follow it up with a concentrated effort to put our thoughts into deeds by letters to the Mayor and the Commissioners.

If you wish the full facts in a letter, send a note to the church office and we will send them to you.

KONINKLIJKE BIBLIOTHEEK

LANGE VOORHOUT 34 - TELEFOON 184626 - 's-GRAVENHAGE

BIBLIOTHECARIS

DR. C. REEDIJK

ONS NR

UW BRIEF

ONDERWERP

La Haye, 1 Septembre 1969.

Monsieur Paul Brunton m'a demandé de lui donner
une déclaration concernant sa caractère.

Je le connais pendant 23 années et je déclare
avec plaisir et sans hésitation qu'il est une
personne de bonne caractère et qu'il se conduit
toujours très bien.

Chef du Section
Sciences sociales,

A.B. Broekhuysen

"One of the unusual thinkers in America is Dr. Paul Brunton, who has written a number of books. He did some 20 years of research of all the philosophies of men and finally formulated his own philosophy. I was amazed to discover that the way of life that had been developing in our parish had much in common with the way of life that he developed in his own research that is described very clearly in his book, The Secret Path and Discover yourself.

One night he said to me, "You give out too freely but you do not know how to take in. You are great in giving but but very poor in receiving." And he taught me how to be receptive to life and to the healing force. From that day on, I have never had a cold.

At the end of each day I lie flat on my back in my bed, open my hands, and am receptive consciously to healing and to the life force. I feel very sure that it enters the body through the head and through the open hands, and I have been receptive to it. As I have said, for these seven years I have not had a cold."

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Before his departure we were fortunate enough to have a talk with Dr. Paul Brunton who has been in Denmark for sometime.

Is your new book about Yoga? — we asked. "No, not directly. It is called: "The Spiritual Crisis of Man!" and is an attempt to throw light on the background of the critical period man is now experiencing."

We believe many people here are looking forward to it.

You must have found many followers in different parts of the world, haven't you?

Brunton emphatically declared: "I have never asked anybody to become my follower, nor have I myself, been a follower of any one person alone or any particular system." In relation to the highest reality of our lives I have always searched only for first-hand knowledge whenever it has been possible to acquire and I have always advised other to do the same."

Yes, but have you never come across a teaching which was "the Truth" more than all the others?

"Yes, I have done so although I have never met "the only right faith" if that is what you mean." But, I have met some persons whose aspiration, exercises, and moral endeavors brought them to the experience of spiritual recognition by the methods or within the boundaries of the religion to which they belonged."

Are you especially thinking of the religions of the East in this connection?

"No; People who are seeking — in different parts of the world — have the same possibilities and can everywhere reach the True, the Good, and the Beautiful, if they put their heart in it."

Do you then repudiate the fact that the religions and the different systems of learning have any meaning for those who are in search of the deeper and more mystical knowledge?

"No, absolutely not. On the contrary, they are still important. It is a support to know that others have reached the highest goal. Without the different religions life for millions would have faded into hopelessness. So we must not forget how much we owe those who have used their lives to create the different religions and teachings even though they may have gone ahead of us, they still are valuable sources of inspiration for those who aspire to go on the path. It is only in relation to the need of personal achievement for oneself that I consider them second-hand knowledge. And in life's real situations it is mostly the contemporary ideas that are more likely to be put to practical use."

(over)

Revue des Troupes Coloniales. "Au cours de son voyage dans L'Inde, M. Brunton a eu l'occasion comme ses prédécesseurs, d'assister à des expériences de fakirs: très rares sont celles qui furent exécutées sans supercherie.... Mais, "ce qu'il cherchait, c'était la spiritualité dans sa plus pure essence".... L'auteur s'est attaché, surtout, à faire la lumière sur les doctrine des yogis; contrôle du corps, contrôle de l'esprit, et il a réussi à entr'ouvrir le voile qui cache la vie spirituelle de l'Inde, aux yeux profanes des étrangers."

La Bougie. "Il est impossible de nier des faits tangibles et palpables. Et l'on ne peut toujours traiter d'hallucines des témoins dont le cerveau est loin de se trouver en déséquilibre'... lui aussi, laissé tenter et sa curiosité nous procure le plaisir d'une lecture captivante.... La documentation concise de ce volume ne doit pas être dédaignée. De plus, il s'en dégage un enseignement d'une portée morale élevée.

L'Aerô. "Lecteurs qu'intéressent les questions de magie et les phénomènes psychiques, lisez ce livre captivant et vous ne serez point déçus. Au surplus, une haute leçon se dégagera pour vous, de la fréquentation de Sage Maharichi: c'est que la sérénité et la félicité suprême, que nous cherchons toujours sans les trouver, ne dépendent nullement des contingences extérieures, si fortes et si imperieuses soient-elles, mais uniquement du parfait équilibre intérieur de l'homme lui-même.... Cela, nos philosophes l'ont déjà souvent proclamé, mais qui les a crus? Le croyaient-ils eux-mêmes? ... Lisez ce livre, il en vaut la peine."

"TO VERDENER" (cont)

Have you not really also created a system yourself? We asked.

"No, answers Dr. Brunton, smiling, One could hardly say that. I have written my personal opinions and experiences into my books but have allowed it to appear as such not as anything else or more. That which has been my main attempt is to make clear the technique of the mind's activity in these inward mystical directions, so that we here in the West also have it at our disposal. The highest techniques which can be useable should be found. That I have done as well as I could on the basis of what I have had the opportunity to learn both in the East and the West, as well as from my own private initiation.

53. Gerald Heard * is a man greatly to be admired and respected. with the passing of the years he has apparently become a markedly different type of man. For he has grown steadily. He is tremendously earnest, ascetic, contemplative, intellectual, and lofty-minded now. A dozen years ago he was something of a seeker, and stumbling in the darkness. Now he walks in a clearer light and is an inspiring force as a server.

(* Gerald Heard, i.e. Henry FitzGerald Heard: his books include "The Creed of Christ" (Cassell, 1941); "The Code of Christ" (Cassell, 1943); "A Preface to Prayer" (Cassell, 1945); "The Eternal Gospel" (Cassell, 1948); and "Is God Evident?" (Faber, 1950).)

54. Madame Blavatsky's teachings * were partly unreliable, but there was nevertheless a great deal of truth in them, and although she herself was imperfect, and occasionally unreliable, she was mostly sincere.

(* Helena Petrovna Blavatsky (1831-1891), founder of Theosophy; principal works "Isis Unveiled" (2nd ed. 1910) and especially "The Secret Doctrine" (1888 3rd ed. 1905) and "The Key to Theosophy" (1889), all pub. by the Theosophical Publishing House.)

55. For additional reading, I would suggest two books by Peter Ouspensky, "Tertium Organum" and "New Model of the Universe," also two books by Evelyn Underhill "Practical Mysticism" and "Mysticism". *

(* P. D. Ouspensky: "Tertium Organum" (1912 in Russia; 1923 in England); "New Model of the Universe" (1931), both pub. by Routledge and Kegan Paul Ltd.
Evelyn Underhill: "Mysticism" (Methuen, 1911); "Practical Mysticism" (Dent, 1914).)

56. The little book "What is Life?" by Schrödinger * is, of course, the work of a master. The last two chapters come into my domain and I take them as samples of the high quality of his thinking. Schrödinger has come to the only possible conclusion about the validity of determination on the basis of known facts when regarded by the whole mind of a developed man, the mind which uses both its abstract and concrete thinking capacities, and consequently verges on the intuitive. The "I" to which he refers knows itself as the Overself when it ceases to limit itself to this person, thereby limiting its will fully at last. Schrödinger's idea of the self as pure consciousness, or "ground-stuff" as he calls it, upon which our personal experiences merely collect, is true philosophy.

(* Erwin Schrödinger: "What is Life? The Physical Aspect of the Living Cell", pub. Cambridge University Press, 1944.)

57. Emerson * is a great standby for the intellectual life of many. One could not wish for a better guide in life than Emerson.

(* Ralph Waldo Emerson (1803-1882), American poet and essayist; his Complete Works (1903-4) and his Journals (10 vols. 1909-14) were edited by his son, E. W. Emerson, and his Letters (6 vols. 1939) by R. L. Rusk.)

58. In connection with P.B.'s "A Search in Secret Egypt" (1936), chapters 1 - 4, see -

(i) Secret of Ancient Egypt.

By Ernest G. Palmer

pub. Rider & Son. 1924.

(ii) The Book of the Master of the Hidden Places (being an amalgamation of "The House of the Hidden Places" (Murray, 1895) and "The Book of the Master" (Murray, 1898).
By W. Marsham Adams.

Edited by E. J. Langsford Garstin.

pub. Search Publishing Co., London, 1933.

(iii) A Message from the Sphinx.

By 'Enel'.

pub. Rider & Co. 1936.

Biographical Notes. in 1950.

59. My first illumination was at the age of 19 years, the second when I was about 23½ or 24. I have had a number since then, of which the last occurred on the morning of December, 11th, 1949.

60. When I say that I am studying yoga, I do not mean any special system called by that name, not hatha yoga nor the eightfold yoga of Patanjali, but just the path by which man unites ~~his~~ finite self with Infinite Being. It is the inner path of which the many separate yogas are but one-sided aspects. It is not so much a synthesis of the separate teachings as that prior and undivided whole of which they represent partial formations.

61. My study is no longer limited to yoga alone, as it is understood in Indian forms, but includes the mystical philosophy of all countries and all times so far as I can, and what I have found has come through that universal approach.

62. I have not completed the Quest. But I have lived in close association with those who, on the most satisfactory evidence possible, have completed it. By observation, discussion, study and friendship with them, I have been able to complete the picture of the goal previously gained from the writings of illumined men and from my own constantly repeated mystical experiences, which still continue.

63. I am still only a student and neither competent nor worthy enough to set up as a teacher.

64. I have given up the practice of meditation in the company of others, except on very rare occasions, as I have found different methods of helping them.

65. I have found that there is a great art in giving spiritual help to a person without getting too entangled in all his personal problems.

66. I learn something new from each interview I give, and very often I make a note of it immediately afterwards.

67. I reply to most of my important letters mentally as soon as I receive them.

68. I give spiritual help and advice in its more subtle forms mentally and telepathically. It is not necessary for there to be any written or spoken words.

69. Health foods are a great advance on the food of the race. I personally no longer eat meat, fish, eggs, butter, cheese or drink milk, and I have reduced the intake of starch.

70. P.B. has a son of my age who is now with him in America. This puts the question of P.B.'s biography on a firmer basis. He will never write his autobiography. The son is in sympathy with his father, and will make sure that the truth, and the truth only, will appear in print when, at the end of P.B.'s pilgrimage this time, people begin making assessments.

71. P.B. wrote his last two books ("The Hidden Teaching Beyond Yoga" and "The Wisdom of the Overself") in outline form as a coherent whole. He then used his notes to fill in some of the detail. They were not written from notes connected by explanatory enlargements.

Chiropractors in Switzerland

Dr. Xavier Gillet - Cantova
Chalet Yocanon
Gstaad 3781 Switzerland

Dr. Mario Sassi
Alberweg 19
Lucerne 6006 Switzerland

Recovery is long (six weeks) and you cannot lift up anything. He will also need constant attendance even when taking bath. Consequently if he considers surgery it would be wise for someone to be there. Unless he comes here (U.S.A.) - everyone has offered a place for him to stay in. Dr. Voetter in Columbus. I beg him to consider surgery (Anthony).

Chippewa or Blackfoot

Dr. James Smith - Toronto

Dear Sir

August 3 1858

Dr. James Smith

Dear Sir

August 3 1858

Dear Sir

Dear Sir

Dear Sir

Dear Sir

Dear Sir

Dear Sir

Dear Sir

Dear Sir

Dear Sir

D. Williams

Dr. who gave P.B. physical in 1977
Says if P.B. in near as good a
condition as 1977 he ~~should~~
take surgery OK especially if
local anesthetic used
- almost all hernias get worse
in time if not operated

Dr. Keith

General Surgeon - Says surgery
is very simple & the only
way to get even if general
anesthesia necessary
all hernias get worse!

Trusses are uncomfortable - do not
correct the cause - only attempt
to treat symptoms

If loop of bowel should enter
the hernia a very serious
surgery could be required
with not near the success
that you can expect from
a surgery now

(over)

Dr. Baker - Surgeon

Said essentially the same
as the other doctors

J. D. Dr. can tell him about
after care but all these Dr's
said about (1) while in hospital

Several weeks at home with
a near constant companion
or nurse

3-6 mo recovery after heart
with daily but not constant
attention

No lifting for several months
not even groceries but
that maybe the case now.

(1000)

Dan = tumor in lung

= hospital Sunday

= will cut $\frac{1}{4}$ lung out

= CANCER definitely

Sounded depressed + old + tired
came in past 6 months (PB visit)

called me Wed 8/10/66

ill virus pneumonia for several wks.
- thinks he might die (!)

- box of papers belonging to P.B.
(re Mexico divorce, etc)

- + in 1946. more papers

Mike is executor
+ will send all papers to me.

213-

Mike gone no: 395-2192

NOON

3pm - Now (2pm) + Wed:

- Says PB will live 15 more years
(from Calif. visit)

Transfer file of PB

- Mike says all finished

- SSen taken care of cremation

- Dan wondering if he should be
active again in relationships
with other people - PB had told
him to relax.

244909 (1989) 1

Write an executive summary paper to me.

Thompson

INDIA TRIP ITINERARY FOR:

REV. GAYATRI DEVI
DR. & MRS. A. ROY
MR. ROBIN LAGEMANN

R. Stevens

			<u>Depart</u>	<u>Arrive</u>
Oct. 6, Wednesday	<u>Rev. G. Devi only</u>	Los Angeles/Boston via TWA #754	9:45 am	5:35 pm
Oct. 27, Wednesday	<u>Dr. & Mrs. A. Roy</u>	Los Angeles/Boston via TWA #754	9:45 am	5:35 pm
Oct. 29, Friday	<u>All 4 Passengers</u>	Boston/Zurich via Swissair #165	10:45 pm (10/30)	10:50 am
Nov. 5, Friday	<u>All 4 Passengers</u>	Zurich/Frankfurt via Swissair #548	2:20 pm	3:15 pm
Nov. 7, Sunday	<u>All 4 Passengers</u>	Frankfurt/Delhi via Lufthansa #660	5:00 pm (11/8)	5:15 am
Nov. 15, Monday	<u>All 4 Passengers</u>	Delhi/Calcutta via Indian Airline #493	4:45 pm	6:55 pm
Dec. 10, Friday	<u>All 4 Passengers</u>	Calcutta/Bombay via Indian Airline #273	10:45 am	1:20 pm
Dec. 13, Monday	<u>All 4 Passengers</u>	Bombay/Rome via BOAC #871	3:30 am	7:05 am
Dec. 15, Wednesday	5 Passengers <u>Incl. Miss S. Wolf</u>	Rome/Boston via TWA #811	10:35 am	3:15 pm
Dec. 29, Wednesday	<u>Rev. G. Devi</u> <u>Dr. & Mrs. A. Roy</u>	Boston/Los Angeles via TWA #753	4:00 pm	6:58 pm

